



## DIRECTOR'S MESSAGE

**Martha Cynthia Tinsay Gonzalez**

**Welcome to the 2nd Quarter, RIS Family!**

Before we move forward with this quarter, let us take a quick look at our 1st Quarter notes!

### **The value of accountability**

The 1st Quarter began with many of us settling down and readjusting to our different school routines. As a refresher, we reviewed past lessons learned, discussed new concepts, and strengthened bonds with one another. The atmosphere was both warm and welcoming.

However, like any other school, we encountered a few hiccups when it came to student behavior.

As an educational institution, teaching our students to be accountable and respectful of all people—regardless of race, creed, sexual orientation, social status, etc.—is one of our most important roles. We envision protecting the dignity of everyone in the RIS family, all while being in a safe and secure environment. This is evident in our daily work; from hallways to the classroom, to wherever our students may be. We highlighted events, such as the Foundation Day and World Teachers' Day, to show our appreciation for everyone.

With the positive results we observed during these events, we are happy to share with you three more major activities lined up for the months of October, November, and December!

## Learning beyond the classroom

On October 20, 2023, students, teachers, and personnel alike will celebrate “United Nations & Kamayan Festival” as a way of embracing cultural diversity and exhibiting camaraderie in our community.

Meanwhile, our annual celebration to honor the English subject—named the “Anthology Soiree”—will return on November 24, 2023. With the theme, “Unearth the Magic: Rediscover, Revive, and Relish the World of Words”, this year’s Anthology Soiree is an avenue for our students to develop and share their talents in listening, writing, speaking, and reading. Through this, we pay our respectful tributes to literary pioneers, as well as their works that changed the course of history through their imagination and determination—qualities we also hope our students will imbibe.

Lastly, we have our yearly edition of the “Annual Production Show” slated on Dec. 6 at the iconic Carlos P. Romulo Auditorium of the RCBC Plaza, Makati City. All students are encouraged to participate in ways they are most comfortable with. RIS recognizes the individual talents and strengths of our students, hence through their many talents, we can witness their performances, artworks, production assistance, and many more.

Our educators act as mentors to guide students in activities they participate in and lead. These three major activities were conceptualized with the well-being of your children at the core of its creation. In RIS, we believe there is more than one way to learn—and thus we nurture an environment that allows students to fully express their creativity.

## Shared goals, shared success

“Teachers must focus on the whole child in front of them—a child where cognition, emotions, biology, sleep, nutritional habits, culture, context, and a myriad of other factors are dynamically interacting in their classroom.”

—David B. Daniel, PhD James Madison University

Today, “Teaching Healthy Minds, Brains, and Bodies” must be a prerogative for all teachers, educators, and schools. According to studies, for the brain to function—and for learning to take place—preschoolers and school age children need at least 60 minutes of daily moderate exercise. On top of that, these children must still secure eight hours of sleep.

As a result of the COVID-19, pandemic, advancements in technology, and lifestyle changes, this seems like a challenge today, resulting in students being less mentally and physically healthy, active, and engaged. They are getting less sleep, exercise, play, and active learning activities. This is a concern because Learning Sciences show moving, sleeping, playing, socializing, and active, engaging activities are essential for learning, memory, well-being, and brain health.

In Reach, we try to address this concern by giving our students as much physical activity, play time, socializing, and engaging activities. But this is still not enough. We encourage families to find more physical activities they can do together. Together, let us find the balance between learning, physical activity, and socialization that can improve our learning, memory, well-being, and brain health.

**OUR DEAREST PARENTS, THANK YOU FOR ALL YOUR SUPPORT AND COOPERATION THIS QUARTER. OUR SUCCESS WOULD NOT BE POSSIBLE WITHOUT YOUR CONTINUED TRUST IN OUR INSTITUTION. WE ARE PROFOUNDLY GRATEFUL.**

**WE HOPE TO SEE YOU AGAIN IN ALL OUR UPCOMING ACTIVITIES THIS 2ND QUARTER!**

  
Martha Cynthia Tinsay Gonzalez

# CALENDAR OF ACTIVITIES

Please refer to the calendar below for this second quarter’s schedule and activities. Please note some of the changes in schedule from the previous schedule released.

OCTOBER 2023	World Teachers’ Day and United Nations
October 6, Friday	World Teachers’ Day Celebration
October 9-12 Mon – Thu	1 <sup>st</sup> Quarter Exam Week
October 13, Friday	No Classes 1 <sup>st</sup> Quarter 1-day Break
October 13, Friday	1 <sup>st</sup> Quarter Ends
October 16, Monday	2 <sup>nd</sup> Quarter Begins Release Newsletter
October 20, Friday	UN Celebration – Social Studies and Kamayan Festival - Filipino
October 26, Thursday	ADHD Awareness Month Culminating Activity
October 27, Friday	1 <sup>st</sup> Quarter Report Card and PTC
October 30, Monday	Non-Working Day – No classes (Barangay and SK Election Day)

OCTOBER 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER 2023	Anthology Soirée
November 1, Wednesday	All Saint’s Day – Holiday
November 2, Thursday	All Soul’s Day – Holiday
November 24, Friday	Anthology Soirée - English
November 27, Monday	Bonifacio Day - Holiday
November 28 – 29,	Annual Show – Practice at RCBC

NOVEMBER 2023						
S	M	T	W	T	F	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER 2023	Production Show
December 1, Friday	Special Education Day – December 2
December 1, Friday	Annual Show – Practice at RCBC
December 4, Monday	Annual Show – General Rehearsal - at RCBC
December 5, Tuesday	Annual Show – Dress and Tech. Rehearsal at RCBC
December 6, Wednesday	Annual Show – Show Day at RCBC
December 7, Thursday	Students’ Christmas Party 9:00am to 11:00am
December 7, Thursday	Faculty Christmas Party 4:00pm
December 8, Friday	Feast of the Immaculate Conception
December 11 – 13, Mon. – Wed.	Faculty Wind up and Set-up (Clearance)
December 11 to Jan 8, 2023	Semestral and Christmas Break
December 11 to Jan 5, 2024	Faculty Break

DECEMBER 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

# CALENDAR OF ACTIVITIES

JANUARY 2024	Family Day
January 1, Monday	New Year's Day
January 8, Monday	Teachers Report
January 9, Tuesday	Classes Resume
January 15 - 18 Mon - Thu	2 <sup>nd</sup> Quarter Exam week
January 19, Friday	No Classes 2 <sup>nd</sup> Quarter 1-day Break
January 19, Friday	2 <sup>nd</sup> Quarter Ends
January 22, Monday	3rd Quarter Begins Release Newsletter
January 26, Friday	Family Day - PS Grades 1 to 6

JANUARY 2024						
S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# REPLY SLIP

Second Quarter Newsletter  
Return on or before October 20, 2023

Student Name: \_\_\_\_\_

Grade Level: \_\_\_\_\_

\_\_\_\_\_ I/We have read and understood the Second Quarter Newsletter.

Parent Signature and Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_